

**1<sup>st</sup>**

# Seminar

on **tendon transfers**  
& **ligament**  
**reconstruction**  
of the **Foot & Ankle**  
on **fresh frozen**  
**Cadaveric Specimens**

**June 4-5**  
**2021**

**Thessaloniki** Greece

Laboratory of Anatomy & Surgical Anatomy  
of Aristotle University of Thessaloniki  
& Teloglion Fine Arts Foundation

**Organization:**

Orthopaedic & Traumatology  
Association of Macedonia & Thrace



**In cooperation with:**

1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
"G. Papanikolaou" General Regional Hospital



Balkan Foot  
and Ankle Society (BAFAS)



**FINAL PROGRAM**



# WELCOME ADDRESS

Dear colleagues and partners,  
Dear friends,

We are pleased to welcome you to the **1<sup>st</sup> Seminar on tendon transfers and ligament reconstruction of the Foot and Ankle on fresh frozen Cadaveric Specimens** on **June 4<sup>th</sup>-5<sup>th</sup>, 2021**, in Thessaloniki, Greece.

The Seminar is organized by **the Orthopaedic & Traumatology Association of Macedonia and Thrace** in cooperation with the **1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki, "G. Papanikolaou" General Regional Hospital and the Balkan Foot and Ankle Society (BAFAS)**.

In recent years we witnessed a significant increase of interest among orthopaedic surgeons in Foot and Ankle surgery and that's why many worldwide experts have been invited to share with us their knowledge and experience. The topics that will be presented in the Seminar will cover a great range of the soft tissue procedures focusing on teaching safe Foot & Ankle reconstruction.

The theoretical part of the Seminar will be held at the Teloglion Fine Arts Foundation while the educational program on fresh frozen cadaveric specimens will take place at the Laboratory of Anatomy and Surgical Anatomy AUTH.

As hosts and organizers we shall spare no effort in making your participation scientifically rewarding and as meaningful as possible.

Thank you for your active participation.

Sincerely Yours,

**Dr. Antonios Pettas**  
**President of the Course**

Senior consultant in orthopaedic surgery  
Thessaloniki, Greece  
Specialistcenter Scandinavia, Stockholm, Sweden  
Head of Orthopaedic Department in AIMIS clinic  
Limassol, Cyprus

**Professor Panagiotis Givissis**  
**Honorary President of the Course**

Professor of Orthopaedics AUTH  
Director of the 1<sup>st</sup> Orthopaedic Department  
of General Hospital "G. Papanikolaou"  
Thessaloniki, Greece



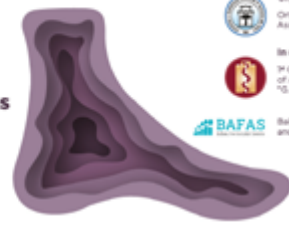
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## SCIENTIFIC PROGRAM

Friday, June 4<sup>th</sup>, 2021

### Teloglion Foundation of Fine Arts

09:00 Registrations

09:30-09:45 Welcome addresses-Opening Speech

#### 09:45-11:00 SESSION I

Chairpersons: **Panagiotis Givissis** (Greece),  
**Oliver Michélsso**n (Finland)

09:45-10:00 Foot and Ankle anatomy and biomechanics  
**Athanasios Badekas** (Greece)

10:00-10:10 Basic principles of tendon transfers  
**Panagiotis Givissis** (Greece)

10:10-10:20 Tibialis anterior transfer and SPLATT operation  
**Nikolaos Kalaitzis** (Greece)

10:20-10:30 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas** (Greece)

10:30-10:40 Plantar plate rupture and repair  
**Jurij Štalc** (Slovenia)

10:40-11:00 Case Presentations  
Development of equinus deformation of the foot due to  
myodystrophy. Surgical treatment  
**D.S. Bobrov** (Russia)

11:00-11:30 Coffee break

11:30-11:45 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 11:45-14:00 Cadaveric Workshop

11:45-12:10 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas** (Greece)

12:10-12:50 Participants practice

12:50-13:20 STAT operation  
**Nikolaos Kalaitzis** (Greece)

13.20-14:00 Participants practice

14:00-15:00 Lunch break (*Teloglion Foundation of Fine Arts*)

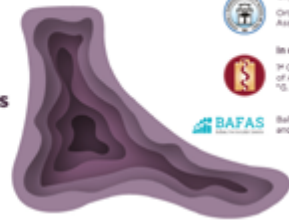
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### SCIENTIFIC PROGRAM

Friday, June 4<sup>th</sup>, 2021

Teloglion Foundation of Fine Arts

15:00-16:00

#### SESSION II

Chairpersons: **Athanasios Badekas** (Greece),  
**Nikolaos Kalaitzis** (Greece)

15:00-15:10

Extensor hallucis and digitorum brevis transfer in Cavus foot  
**TBA**

15:10-15:20

Peroneal tendon transfers and tenodesis  
**Panagiotis Symeonidis** (Greece)

15:20-15:30

Peroneus tendons instability  
**Jurij Štalc** (Slovenia)

15:30-15:40

Stainsby operation in rheumatic foot  
**Antonios Pettas** (Greece)

15:40-15:50

Spring ligament reconstruction  
**Ezequiel Palmanovich** (Israel)

15:50-16:00

Case Presentations  
Elastic plano-valgus deformity. Subtalar arthroeresis and secondary  
techniques. PPT plastic, FDL transfer  
**Aleksey Mazalov** (Russia)

16:00-16:30

**Break**

16:30-16:45

**Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

16:45-19:00

#### Cadaveric Workshop

Coffee available during the Workshop

16:45-17:10

Pulvertaft method  
**Atanas Katsarov** (Bulgaria)

17:10-17:50

Participants practice

17:50-18:10

Spring ligament reconstruction  
**Ezequiel Palmanovich** (Israel)

18:10-19:00

Participants practice

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## SCIENTIFIC PROGRAM

Saturday, June 5<sup>th</sup>, 2021

Teloglion Foundation of Fine Arts

### 09:00-09:50 SESSION III

Chairpersons: **Antonios Pettas** (Greece),  
**Atanas Katsarov** (Bulgaria)

09:00-09:10 Lateral ankle instability. ATFL reconstruction  
**Oliver Michelsson** (Finland)

09:10-09:20 Medial ankle instability. Deltoid ligament reconstruction  
**Kaan Irgit** (Turkey)

09:20-09:30 Hallux varus. EHL transfer  
**Levon Makinyan** (Russia)

09:30-09:40 Acute and chronic conditions of plantar fascia  
**Atanas Katsarov** (Bulgaria)

09:40-09:50 Case presentations

### 09:50-10:10 Coffee break

### 10:10-10:25 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

### 10:25-12:40 Cadaveric Workshop

10:25-10:50 ATFL reconstruction  
**Oliver Michelsson** (Finland)

10:50-11:30 Participants practice

11:30-11:50 EHL transfer  
**Levon Makinyan** (Russia)

11:50-12:40 Participants practice

### 12:40-13:40 Lunch break (Teloglion Foundation of Fine Arts)

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## SCIENTIFIC PROGRAM

Saturday, June 5<sup>th</sup>, 2021

Teloglion Foundation of Fine Arts

13:40-14:30

### SESSION IV

Chairpersons: **Jurij Štalc** (Slovenia),  
**Kaan Irgit** (Turkey)

13:40-13:50

Chronic achilles tendon rupture  
**Kaan Irgit** (Turkey)

13:50-14:00

Haglund's deformity. Operation techniques  
**Antonios Pettas** (Greece)

14:00-14:10

Achilles tendon lengthening  
**Atanas Katsarov** (Bulgaria)

14:10-14:20

Traumatic tendon ruptures. Tendon grafting  
**Andrzej Komor** (Poland)

14:10-14:30

Case Presentations  
Arthroscopic FHL for acute achilles tendon rupture  
**Nasef Mohamed Nasef** (Egypt)

14:30-14:50

**Break**

14:50-15:00

**Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

15:00-17:20

### Cadaveric Workshop

Coffee available during the Workshop

15:00-15:25

Haglund's deformity. Achilles split approach  
**Antonios Pettas** (Greece)

15:25-16:10

Participants practice

16:10-16:40

FHL transfer  
**Kaan Irgit** (Turkey)

16:40-17:20

Participants practice

17:20-18.00

**Transfer to Teloglion Foundation of Fine Arts and Closure**

